BIG LOCAL WORKING FOR YOU.

BIO

JANUARY 2015

BIg BIOINSIDE THIS ISSUE: What's 2 happening next **BIO**Brain 3 **Fitness BIQ** What's 4/ 5 Going on ? Social 6 Investment 7 **Blooming** good fun! BIC 8 Tasty recipe to make and bake BIO

Big

Big

a formula for change LAUNCH EDITION **Big Local is Here**

> Over the next 10 years £1m has been allocated to residents living in the area of Grace Mary and Lion Farm (GM2LF). The lottery money is being given out by Local Trust, a charity which delivers Big Local.

Big Local Big Local Big Local Big

Big Local is about bringing together all the local talent, ambitions, skills and energy from individuals, groups and organisations, who want to make their area an even better place to live

Unlike many other money pots this one puts us the residents in charge. It is basically the shout of local people!

The Journey so far

Since 2011, GM2LF Big Local has achieved the first four steps in what is called the Getting Started Phase of the Big Local journey. This includes:

Getting People Involved by consulting and talking with over 4000 local residents, groups and organisations to build on what is already good about the area and the needs and aspirations of those to make a change in the local community. Part of this stage involved awarding small grants to local groups to deliver activities.

Developing a shared Vision - Our formula for change is local people working together for a better life - sustaining a community that is resilient, confident and enjoyable

Forming a big local partnership that are responsible for driving GM2LF Big Local forward, making sure it remains resident led and enables local people to improve the area and achieve the long term vision. The Partnership members are local residents, and people who work or volunteer in the area. Representatives from key organisations in the area include Lion Farm Action Centre, St James Church, Holy Cross Church and Oakham Church.

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Creating a Big Local Plan which from the consultation reflects the needs, aspirations and priorities of change of local residents as they seek to use the money to make a difference within the local community.

The Big Local Plan was endorsed in October 2014 and GM2LF is now up and running. As of October 2014, Sandwell **Council of Voluntary Organisations** (SCVO) was chosen by the partnership as the new 'Local Trusted Organisation' for GM2LF. SCVO will act as the accountable body administering the money on behalf of the partnership and ensuring proper financial controls are in place. SCVO are also providing development support to the partnership to drive the plan forward.

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The Big Local consultations and events held over the last 3 years has identified five themes to deliver our overall vision.

The themes are: Community Environment Learning Health & Wellbeing Investment

All themes have to think about the impact that activities will have on enhancing family ,supporting youth and the over 50's and bringing the whole community together.

Residents agreed t £million will be sp	
areas:	
social investment	£420,000
project spending	£380,000
capacity support	£200.000

Next Steps

The first pot of money for year one is now available to be spent. The partnership is now working towards making the priorities within the Big Local Plan a reality.

What is in the Plan? What is happening in year 1?

From talking to people five main themes were identified and within each theme a range of activities to be supported and developed through GM2LF Big Local. The focus of 'Family' was also identified as a priority and this will be imbedded naturally within all five themes. The themes and activities are detailed The capacity support will be required to bring in an additional £200,000 of project spending.

In this first year there is £93000 to be spent projects, activities, Social Investment and support to ensure everything that is in the plan for the first year is done.

The Activities and projects that will be undertaken during the first year of funding will include, Promoting & supporting activities already happening in the area. Signposting services for local advice, Clubs to get people together including lunch, indoor games & activities, Community Gardening competition to make the area look better by planting flowers and tidying up gardens, opportunities to Eat Well and Cook well. Smart Water marking on equipment and properties.

Debt and Benefits advice surgeries, Money Management

guidance, Computer classes Run Job Fairs, Helping people find work, and developing the chance for people to volunteer in the area.

These and other activities are our key focus for Big Local in our area for the next two years. GM2LF Big Local really is about bringing together all the local talent, ambitions, skills and energy from individuals, groups and organisations, who want to make the area an even better place to live..

SCVO will be responsible for looking after the money and providing developing support to the partnership in driving the plan forward.

further within the Big Local Plan and for the first year they include:

Our Community

More events and gatherings, developing churches as community hubs, clubs for people opportunities. of all ages to get together of all ages and in particular children and young people

Our Environment

Gardens in Bloom competition, community clean up days, home safety road shows and developing been designated to be used for environment champions.

Our Finance

Debt and benefit surgeries, helping people open bank accounts, money management programmes and developing local enterprises.

Our Learning

Computer classes, job fairs, children and young people clubs and developing volunteer

Our Wellbeing

Classes to help people eat well, health advice for all ages and health walks.

In addition to the above themes and within the plan money has Social Investment purposes. The funding that has been set aside will look to achieve a number of outcomes.

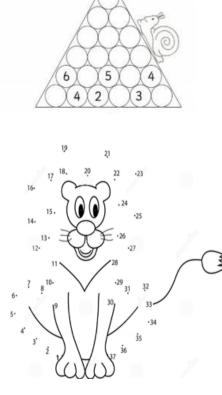
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Gm²Lf Brain Fitness

Pyramid Puzzles

Can you fill in the pyramids with the missing numbers? The numbers pace is the total of the two numbers below it.





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Daffodil Hyac Dogwood Impo Fresia Iris Gardenia Jasm Geranium Jonq Hawthorn Lilac

Hyacinth Lily Impatiens Marigold Iris Magnolia Jasmine Orchid Jonquil Pansy Lilac Petunia Poppy Rose Snowdrop Spirea Tulip Zinnia

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Next Steps Continued.

To find out more about what social investment means in the Big Local area, please read the article on Social Investment on page 6

Get involved and stay informed GM2LF Big Local needs local people to help make these improvements and drive the long term change forward.. There are a number of ways you can get involved: Join the GM2LF Big Local Partnership Board

Register your interest in volunteering for driving GM2LF Big Local forward Join the GM2LF Big Local mailing list and keep up to date with what is happening

For a copy of the Big Local plan or to register to get involved please contact the Partnership on

0121 5443094

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What's on each week in and

Monday

Oakham Library 10:15-11am Story and Rhyme Time . For under 5's a morning story and rhyme time

St James Church 1-3pm Indoor Carpet bowls Open to all within the Big Local area, competitive fun for all

Lion Farm Action Centre 1-3pm Art Group Open to all within the Big Local area, Art Tuition for both the beginners and experts

Lion Farm Action Centre 3:30-5pm After School Club Dance session also held on a Friday and midweek activities

Oakham Library 3:30-4:30pm Art Club. Children can come and ne creative with a variety of materials

Oakham Library from 4pm Family Film Club Families and Children invited to come and watch our family films

Holy Cross Church 6-7:30pm Karate Keep fit and safe with this Martial Art all levels welcome

St James Church 6—8pm Slimming World A friendly group for those that want to lose weight or feel better about themselves

Tuesday

Lion Farm Action Centre 9-12am Job Club Providing support to find employment, help with CV writing and advice and guidance

Oakham Evangelical Church 9:15am Carer and Toddlers. Preschoolers play, make new friends and Carers get a chance to meet

Holy Cross Church 9:30am Craft Group A great time to be creative and produce some crafty art.

Lion Farm Action Centre 10:30 Health Walk

Meet at the Centre and walk around the hidden beauty of our Big Local Area and beyond.

Lion Farm Action Centre 1—3pm Over 50s Friendship Club Quizzes, craft and chat and fun

Holy Cross Church 5-7pm Youth Club A great place to meet up with friends to take part in a range of activities

Wallace Youth Cub Tuesdays 5.30-7.30pm 8-16 years old . Great opportunities and activities for young people

Oakham Evangelical Church 7pm Tuesday Crew Activities include Pool, table tennis, games, arts and crafts tuck shop for Key stage 2 children

Rounds Green Library 10-12pm Councillor Surgeries Bring your ideas and concerns to your local councillors

Portway lifestyle Centre 10.30-2:30pm Eminence Dance Works Creative Dance Group for all

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Oakham Library 10:30-12pm Breakfast Club for Children 8 and over. Free Toast and drinks Rounds Green Library 11-11:45am Colouring and Craft Club Colouring sheets and puzzles

Oakham Library 12-1pm Colouring Club Colour your favourite pictures

Rounds Green Library All Day Homework Help, get support and time to complete all your homework



Lion Farm Action Centre Providing support to find with CV writing and advi

St James Church 9-12pm A free cuppa and somet welcome

St James Church 9-11am A play and stay toddler g Farm Action Centre at St

Rounds Green Library 9: Advice Surgery. A great problems and get help

Holy Cross Church 10:30 Council Surgery. Get help with problems

Rounds Green Library 10 Natter A great opportunity to k

Oakham Library 11-12:3 and Go Citizen. Drop in t driving and British Citize

Holy Cross Church 6-7:30 Keep fit and safe with th levels welcome

Oakham Evangelical Church 10am Communion Service a time to stop , reflect and refresh 6:15pm Evening Family Celebration, A lively family friendly service.

St James CofE Church 10-11am Morning Worship and Sunday School A friendly traditional Church, sharing God's love to all

around our Big Local Area

esday

9-12am Job Club I employment, help ce and guidance

Place of Welcome ning to eat, everyone

Parent and Toddlers roup run by Lion James Church

30-1pm Housing place to report

-11:30am Sandwell

and repairs

-12pm Knit and

nit and have a chat

Opm Theory test Pro o practice your n tests for free

)pm Karate is Martial Art all

Thursday

Lion Farm Action Centre 9-12am Job Club Providing support to find employment, help with CV writing and advice and guidance

Oakham Evangelical Church 10.30am. TLC Club for senior citizens, meet up, chat and take part in activities. Lunch provided

Hope Church 10:30-12:30pm Indoor Bowling for over 50s. Great activity for unwinding and getting rid of stress

Lion Farm Action Centre 11:30-1:30pm Online Computer Training

From the basics to advanced IT Skills

Lion Farm Action Centre 1-3pm Art Group Open to all within the Big Local area, Art Tuition for both the beginners and experts

Portway Lifestyle 6:30-7:30pm Tae Kwon Do age 5-55 combines combat and self-defense techniques with sport and exercise

Portway Lifestyle 7-8pm Karate Beginners 8-9pm Kararte for those 18 plus unless accompanied by an adult

St James Church 7-9pm RE:Act Youth Club Offering a range of craft, sports and a place relax and meet up with friends



Lion Farm Action Centre 9-12am Job Club Providing support to find employment, help with CV writing and advice and guidance

Holy Cross Church 10am Over 60's exercise with Bingo and a cuppa

St James Church 1-3pm Bingo A locally run social group for all residents, join the fun of an afternoon of Bingo

Lion Farm Action Centre 1:30-3:30pm Multi Crafts

Try your hand at something a little crafty.

Holy Cross Church 1:30pm Bingo A great get together for all residents

Holy Cross Church 2:30pm Cards and Dominos A social gathering for all

Holy Cross Church 5-7pm Youth Club A great place to meet friends and take part in a range of activities

Oakham Evangelical Church 7pm Friday Youth Club . Activities and chance to meet friends. For young people aged 11 plus

Holy Cross CofE Church 6pm Evening Worship

A friendly group meeting for worship and prayer

Newbury Lane Methodist Church 10:45am Morning Service and Junior Church

6pm Sunday Evening Service every 4th Sunday



Portway Lifestyle Centre

Newbury Lane, Oldbury, B69 1HE Climbing • Football • Badminton

Disability Doorstep Club

Lots of different sports for young people with disabilities and their family and friends. Portway Lifestyle Centre

Saturdays 11.30 – 13.00 Ages 11-25, £1.50

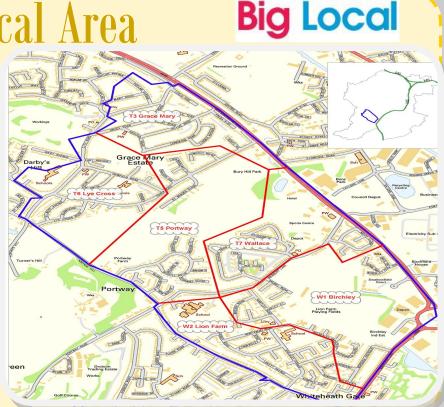
Gym Opening Hours

Portway Lifestyle Centre Monday - Friday 07.00 - 22.00 Saturday & Sunday 07.00 - 18.00

Your Big Local Area

The Big local Area extends from Birchley Lane up Portway Hill to City Road. It includes the Grace Mary Estate, Parts of Oakham, Portway Hill, Lion Farm Estate, Tower Road and the Wallace Road Estate. The area is served by 9 councilors and 2 MPs. With 4 Churches and 2 Libraries as well as the Portway Lifestyle Centre.

Portway Hill is home to the exotic Bee Orchid and Hare's Foot clover, and one of the few colonies of Marbled White Butterflies in Birmingham and the Black Country.



Social Investment

Grace Mary to Lion Farm (GM2LF) Big local has designated funding within the Big Local Plan to be used for Social Investment purposes.

Social investment money is lent, not given, and then repaid. This means that Big Local funds used for social investment can be circulated within the Grace Mary to Lion Farm area, and there will still be the money to use at the end of the 10 year programme What is social investment? Social investment is a loan or other financial investment that aims to make a positive economic, social or environmental impact in a community.

The Social Investment activities included in the GM2LF Big Local Plan are:

Personal lending, to people who are at risk of paying high interest rates to doorstep lenders

IT SHAT

Microfinance, loans to help set up or grow local businesses

Developing assets (facilities/ buildings) rather than giving grants to develop local facilities, encouraging an enterprising approach through providing loans or a mixture of grants and loans.

For more information please see the GM2IF Big Local Plan. If you would like a copy of the plan please contact Kate Cross on 0121 544 3094

Blooming Fun for Green Fingers

The Environment is a very important area in the Big Local Plan. There was a lot of interest in using some of the money to make where we live better.

Turn your garden into a show winner or make your balcony blaze with colour

The Grace Mary to Lion Farm Big Local Partnership are holding a Big Local in bloom competition. Prizes will be awarded for the most improved gardens and balconies in the Big Local area. 'Before and after' Photographs will be taken of all gardens and balconies belonging to people that have entered the competition and all entrants will have a free seed starter kit to help them on their way. The closing dates for entering the competition is Wednesday 11th February, judging of the competition will be in June, and an award ceremony will be held in July.



The Grace Mary to Lion Farm Big Local Area consists of four separate 'zones'.

These are Oakham, Grace Mary Wallace/Portway and

Lion Farm. In each of the 'zones' there will be a first prize of £100 for gardens

and £50 for balconies,

a second prize of £50 for gardens and £25 for balconies. There will also be mystery prize for the overall winner 'best in show'. So join in the blooming fun this Summer. Don't be shy, get growing!

To enter the Big Local in Bloom

competition or find out more please contact Kate Cross at Lion Farm Action Centre, Harry Price House, Hartlebury Road, Oldbury, B69 IEQ or call 0121 544 3094.

Volunteers Required

Our Big local plan need you to make it a success, over the next two years there will be lots of opportunities for residents from within our Grace Mary to Lion Farm Big Local area to come together to make an impact and help create a community that cares for each other.

We will require volunteers to deliver leaflets and newsletters, get involved in environmental projects, to help run events and activities,

If you would like to get involved in helping make our Big Local Plan a success then please contact us .

Tasty Healthy Treats

Health and Wellbeing is one of our Themes, so what better way to relax than with have a healthy mid morning break ...

Chewy Oat Biscuits.

Makes 12 biscuits 10 minutes prep. 12-15 min cooking time Ingredients. 40g/1 ½ oz plain white flour 40g/1 ½ oz plain wholemeal flour 50g/2 oz brown sugar 75g/3 oz porridge oats 75g/3 oz margarine 75g/3 oz dried fruit ½ teaspoon cinnamon ½ teaspoon bicarbonate of soda I heaped tablespoon golden syrup



Preheat oven gas mark 3 / 170o C Mix together the flour and bicarb. in a large bowl. Add sugar, oats, dried fruit and cinnamon and mix well. Over a low heat melt together the margarine and syrup in a saucepan. Add to the flour mixture and mix well. Place dessert spoonful's of the oat mixture on a greased baking sheet. Leave spaces between biscuits.

Flatten slightly into rounded biscuit shapes.

Bake for about 12-15 mins until golden brown.

Leave to cool.

Method

Big Local 'Community' Small Grants

GM2LF Big Local 'Community' small grants are available for not-forprofit, voluntary or community groups, active and delivering services in the Grace Mary to Lion Farm area. Grants range from £150 to £700 and priority will be given to projects which support the outcomes within the Big Local Plan and benefit the residents of the area.

The current round of funding is available for 'Community' projects with a particular focus on:

Community gatherings and events

Activities which develop local churches as community hubs Clubs to get people together, in particular but not exclusively children and young people activities.

To find out more, see if your project is eligible and express an interest in applying, please contact Kate Cross, Lion Farm Action Centre on 0121 544 3094.

Getting Involved

Big Local is about **local people** getting **involved in changing** their **community**. If you would like to become part of a **theme group**, help in **planning** and **organising** events or get involved with one of the groups featured in this newsletter, then please contact us.

Tel: 0121 544 3094

Email: gm2lf.office@gmail.com www.biglocalmillionshare.com



Lecal Trust Big Local