

Big Local News

The Queen's Platinum Jubilee

As part of the Queen's Jubilee, GM2LF Big Local hosted 4 community celebration events across the area on Sunday 5th June 2022.

It was wonderful to see over 400 people come together, have fun and be part of an historic celebration.

We would like to thank all the amazing volunteers who helped with the planning and organising of the events. Thank you also to the community hubs - Wallace Youth Project, St James Church, Holy Cross Church and Oakham Church.



Rest In Peace, Your Majesty
Queen Elizabeth II (1926-2022)

Volunteer for GM2LF Big Local - Join the Partnership Board

Grace Mary to Lion Farm Big Local needs people like you!

We are seeking enthusiastic, passionate people who would like to be part of a team and lead in making a difference to the area we live in.

If you work or live in the area and can spare some time and commitment to make real changes we would like to hear from you.

For more information please contact Helen Trueman on 07724 584241 or email: helen.gm2lf@outlook.com

Why Volunteer?

- To help the local community
- Use existing skills or learn new skills
- Help get references and real work experience
- Explore new areas of interest
- Make a difference
- Meet new people and have fun!

Coming Soon

Gm²Lf
a formula for change

Community Party & AGM

Wednesday 9th November 2022

6pm - 8pm

Oakham Evangelical Church, City Road,
Tividale, Oldbury, B69 1QZ

Entertainment

Dance Performances

Competition winners announced

Find out more about the Big Local Big Feed

Find out what's been happening where you live

Free buffet & refreshments

Come join the fun!



Organised by the Grace Mary to Lion Farm Big Local Partnership

Web: www.gm2lf.org

Facebook: Grace Mary to Lion Farm Big Local (GM2LF)

Twitter: @GM2LF_Official



Local Trust | Big Local



Big Local Big Feed 2022

Big Local Big Feed returns in 2022, providing Christmas hampers to individuals and families who need a bit of extra help this year.

Households which are eligible will be given a Christmas hamper free of charge.

Watch this space for flyers, follow us on social media or find out more about the Big Local Big Feed by coming along to the Grace Mary to Lion Farm (GM2LF) Big Local's AGM (details above).

Like us on Facebook: Grace Mary to Lion Farm Big Local (GM2LF)

Follow us on Twitter: @GM2LF_Official

Gm²Lf
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Panto Fun at the Schools

With funding from GM2LF Big Local, the Grand Theatre Wolverhampton will be visiting Oakham Primary school and Grace Mary Primary School in October to perform their panto.

With lots of boos and cheers we hope both pupils and staff have a great time!



Funding News

A Summer to Remember for Wallace

Wallace Youth Project have had a summer to remember, thanks to Grace Mary to Lion Farm Big Local.

After the last 2 years of being closed due to Covid, youth membership dropped and the young people found other ways to keep themselves occupied. Not always for the best.

Wallace Youth Project provides a safe space, interactive help with any homework and free toast and juice. We also have a youth club setting with a snooker table, table tennis, board games and a tuck shop.



This summer to help build the youth club back to capacity, we offered a summer outing programme. We had visits to Cadburys World and the West Midlands Safari Park.

On the 4th December the young people will also be going to Severn Valley Railway. This will include a ride on the steam train from Kidderminster to Arley with Santa. There will also be interactive workshops and a Christmas Show, plus hot chocolates and ginger bread.. The young people are really looking forward to it.

Thank you Grace Mary to Lion Farm Big Local, without your funding this could not happen.

For more information about Wallace Youth Project please contact Tracy Lowe on 07817175998.



Lion Farm Action Centre's Trip to Drayton Manor

On Thursday 25th August 2022, Lion Farm Action Centre took 30 families on a free day trip to Drayton Manor park, thanks to additional funding from Grace Mary to Lion Farm Big Local.

The trip included one wheelchair accessible coach and a mini bus, grab bag lunch provided by Jenny's Kitchen and entry into the theme park. Although the weather was not great to begin with, it did brighten up towards the afternoon. The trip was a great end to the Action Centre's annual Summer Play scheme which saw 71 children from the local area join in with free fun activities as well as receiving a daily 2 course meal thanks to Sandwell HAF.

The Drayton Manor trip was a huge success which showed within the feedback, with many families asking for the opportunity for more free family trips and provision.

We would Like to thank GM2LF Big Local and Sandwell Holiday and Food for funding this project. Without the funding we would not of been able to provide support and opportunities to the families and children mentioned above.

For more information about the After School Club please contact Sharon Offley on 0121 544 3094 or email sharon.lfac@yahoo.com

Community Groups

FREE Martial Arts Class

SMWS Freestyle meets every Tuesday, 5pm - 6pm at Holy Cross Church, Ashleigh Road, Tividale. B69 1LL.

The group is open to anyone age 5 and over and of any ability. Sessions are delivered in a fun, engaging and safe environment by very experienced and skilled coaches.

So, whether you want to get fit, lose weight, boost your confidence or learn self defence why not give it a try. The first class is **FREE!**

For more information and to book please contact Stephen Miller on 07833 544980.
Facebook: Stephen Miller (smws freestyle)



Oakham Community Club



Oakham Community Club (OCC) meets every Tuesday, 11.30am – 13.30pm at Holy Cross Church, Ashleigh Road, Tividale, B69 1LL.

OCC provides a range of activities for people primarily aged 55 plus. Join the club on a Tuesday to meet new friends old and new, play games such as bingo or just have a cuppa and a friendly chat.

A warm welcome is always on offer to everyone, along with plenty of tea and coffee!

For more in formation please call 07385 679337 or 07790 452530.

Parent & Toddlers Group

Tots & Co, parent and toddlers group meets every Thursday at 9am - 11am (term time only) at Holy Cross Church, Ashleigh Road, Tividale. B69 1LL.

The group offers opportunities for friendship, learning and fun. The group also provides an opportunity for parents/grandparents /carers to meet. Food and refreshments are also available at the weekly sessions.



For more info contact: Dianne Darby on 07787 227492 or email dianne741@live.co.uk

Health & Wellbeing

Want to improve your Health & Wellbeing playing Football?



TEAM TALK 5-A-SIDE FOOTBALL LEAGUE

Football league supporting Mens Mental Health

MONDAYS: 7:00pm - 9:00pm

THURSDAYS: 10:30am - 12:00pm

Portway Lifestyle Centre

NEWBURY LN, OLDBURY B69 1HE

FREE TO PLAY

Aged 18+, living or work in Sandwell

JOIN AS A TEAM OR AS AN INDIVIDUAL PLAYER



SCAN ME

For more info contact Ryan Kimberley - ryan.kimberley@albionfoundation.co.uk

Adult Weight Management

Maintaining a healthy weight isn't just good for your physical health, it plays a vital part in your mental well-being too.

Everyone Health Can Help

Here in Sandwell, Everyone Health offer a free 12 week programme, 45 minutes Nutrition Workshop and 45 minutes physical activity, lots of options to understand food choices and to help you find tasty, small changes to help you lose weight for good.

Who can lose weight with Everyone Health?

- Anyone aged 18+ who lives, works or registered with a GP in Sandwell

(BMI eligibility criteria apply, please contact for details)

For more information contact:

Email: clinical.contactcentre@nhs.net

Tel: 0333 005 0095

Visit: www.sandwell.everyonehealth.co.uk



it's time... for better health in Sandwell






Maintaining a healthy weight can have lots of positive effects on your lifestyle; increasing confidence, health and happiness...

What we offer...

- 12 x weekly workshops covering nutritional advice and physical activity, local face to face or online via Zoom available.

Who can lose weight with us?

- Anyone aged 18+ with a high BMI, who lives or works in Sandwell or registered with a Sandwell GP practice

Contact us today to join...

www.sandwell.everyonehealth.co.uk
 Email: clinical.contactcentre@nhs.net
 Tel: **0333 005 0095**

It's all FREE!

* BMI Eligibility criteria apply. Please contact us for details.





Learning & Play

Sandwell Adult and Family Learning Service (SAFL)

How can SAFL help?

- Small class size
- A welcoming atmosphere
- Personal learning and development plans for your future: and
- Free face to face support

Why SAFL?

- Courses in English and Maths
- ICT and Business Administration
- First Aid and Food Safety
- Reading with your children
- Family Learning events at local schools and community centres
- Helping to develop employability skills
- Improving health and wellbeing
- Help develop a new hobby



For further information about courses please visit their website or call or email to speak to a member of the team.

Visit: www.learnsafl.ac.uk

Tel : 0121 557 0837

Email: contact_SAFL@sandwell.gov.uk



What's on at Rounds Green Library

Rounds Green Library, Martley Road, Oldbury, B69 1DZ

Adult Activities

Knit & Natter

Every Monday
10.30am - 12.30pm



Rounds Green Councillor Surgery

First Wednesday of the Month 11am - 12pm

Friday Friends Coffee Morning

Every Friday 10.30am - 12pm



Rounds Green Reading Group

First Saturday of the Month
10.30am - 12.30pm



Children's Activities

NEW: Happy Hour!

Every Monday
3.30pm - 4.30pm

Go Play!

Every Friday
2.30pm - 5pm



Play, Talk, Read

Every Wednesday 2.30pm - 3.30pm



For more information, please email - roundsgreen_library@sandwell.gov.uk or call 0121 569 4934

Library Opening Times:

Monday 9am - 1pm / 2pm - 5.30pm
Tuesday CLOSED
Wednesday 9am - 1pm / 2 - 5pm

Thursday CLOSED
Friday 9am - 1pm / 2 - 5pm
Saturday 10am - 1pm

Support at Home

Finding it Difficult to Pay Your Water Bills?

Struggling to pay your water charges? You could be eligible for a reduction if you are on a low income.

South Staffs Water

If you get your water from South Staffs Water then you might be eligible for the **Assure tariff**.

WaterSure is a tariff to help families save money if they are on a water meter, use a lot of water and receive certain income-related benefits.

For more information visit the **Help** section at www.south-staffs-water.co.uk.
Difficulty Paying (freephone) number: 0800 0930610

Financial Hardship Fund

The South Staffordshire Water Charitable Trust is a registered charity set up to help people in financial difficulties. It assists customers facing genuine difficulties or distress with the cost of meeting their bill and arrears. (www.sswct.org)

For more information, call 0300 3300033 or email: SSWCharitableTrust@south-staffs-water.co.uk

Severn Trent Water

If you're a Severn Trent Water customer on a low income and struggling to pay your bills, find out how they can help you through their Big Difference Scheme. **For more information**, visit: www.stf.org.uk or call 0121 355 7766



Warmer Homes West Midlands

Warmer Homes West Midlands offer personalised energy advice service to households who are currently struggling to heat their home.

Free and impartial energy advice on issues such as:

- Keeping warm at home
- Insulation and heating grants
- Assisting with energy bills, tariffs, and suppliers
- Financial support and discounts
- Help to access Green Homes Grants, cavity wall insulation, and
- loft insulation
- Home Energy Checks to install small energy-saving measures,
- draught-proofing.

Email: westmids@mea.org.uk

Visit the website: <https://warmerhomeswm.org.uk/>

Tel: 0808 1968 298.

Free and impartial advice
over the phone, at your home and in your community.
Supporting you to better heat your home and keep warm

We can work with you to:

<p>Reduce your household energy use</p>	<p>Save money on your bills</p>
<p>Improve your available income</p>	<p>Home energy efficiency and grants</p>

Free Advice

Citizens Advice Sandwell & Walsall offer free, confidential, independent and impartial advice to anyone who needs support on a wide range of issues including housing, finance, benefits, health and family.

Advice Line - 0300 330 9017

Debt Advice - 0121 726 6745

Visit: www.citizensadvice-sandwell-walsall.org

